



Teach with IKO
International Kiteboarding Organization



IKO Level 1 Kiteboarding Instructor Training Course description

This document will answer all your questions regarding the IKO Instructor Training Courses organized by Sudwindsports

If, after reading this, you have any questions, contact us at info@sudwindsports.com or Tel. +33 (0)6 85 95 33 34

COURSE ORGANISER:

Sudwindsports Ltd.
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LOCATION:

Ecole du kite, Base de Loisirs, St.Pierre-la-Mer, Aude (11), France
Postal address France : 14 Rue du Fer a Cheval, 11110 Salles d'Aude

COURSE DATES 2010:

Sunday 04 April	MFA (Medic First Aid course)
Monday 05 April – Friday 09 April	ITC (Instructor Training Course)
Monday 19 April – Friday 23 April	ITC
Saturday 24 April	MFA
Sunday 23 May	MFA
Monday 24 May – Friday 28 May	ITC
Sunday 6 June	MFA
Monday 7 June – Friday 11 June	ITC
Monday 25 October – Friday 29 October	ITC
Saturday 30 October	MFA
Monday 1 November – Friday 5 November	ITC

All participants must be present on the first day of the course at 8.45 hrs.

1. WHAT IS AN INSTRUCTOR TRAINING COURSE?

An IKO Instructor Training Course trains experienced kitesurfers to be an IKO level 1 kitesurfing instructor. The ITC is a five day intensive course with many of the days being 8 hours long. There are theoretical sections of the course given both in a class room and on the beach / water.

You will be required to show your riding level, boat driving skill level, demonstrate communication skills, teach other candidates and real students, kiteboarding knowledge, knowledge about weather, waves, tides, risks and dangers etc. etc.



2. WHAT ARE THE REQUIREMENTS FOR CANDIDATES?

- I am 18 years old or older;
- I am a certified IKO level 3 kite boarder for at least 6 months;
- I am able to perform a jump, perform a controlled turn and switch riding, ride constantly upwind and ride safely between other riders;
- I have an IKO Assistant Instructor Certification (AIC)* or can provide an attestation* (letter of recommendation) proving my teaching experience in a water or aerial sport;
If you don't have teaching experience in water- or aerial sports, you can only access the ITC with an IKO Assistant Instructor Certificate (AIC). For more information see paragraph 8.
- I have a valid first aid and CPR certificate*, or I have booked a first aid course* before the beginning of the ITC;
If you don't have a first aid certificate you can book a 1-day MFA first aid course with Sudwindsports. This course is held one day before the start of the ITC. For more information see paragraph 7.

- I have a powerboat license* or equivalent skill level if no obligatory license is required in the home country (I am able to pilot a boat and recover a man at sea).
If you don't have a power boat license you can book a 2-day RYA (Royal Yachting Association) powerboat level-2 course with Sudwindsports. Please contact us for dates. For more information see paragraph 9.

*I will provide the necessary supporting documents to the ITC organizer upon inscription.



3. LANGUAGE

All courses organised by Sudwindsports will be given in English. During the course various presentations and lessons will have to be given by the candidates in English and at the end of the course there will be a written exam in English. All candidates must therefore be able to communicate effectively in English!

4. COST

5-day IKO Instructor Training Course (ITC): € 700

Accommodation can be arranged in the form of self-catering accommodation shared with other participants of the course on a location close by the Sudwindsports centre in St.Pierre-la-Mer. Prices from 25 euros a night. Please contact us for an exact quote.

Administration costs of € 12 apply.

5. INSCRIPTIONS – HOW DO I REGISTER?

To book a place on the course you must send, signed and dated:

- Sudwindsports Inscription form
- IKO ITC Waiver & Participants form

Both forms can be downloaded from the Sudwindsports website. They are to be returned to Sudwindsports by e-mail to info@sudwindsports.com or by post to Sudwindsports, 14 Rue du Fer a Cheval, 11110 Salles d'Aude, France.

Upon reception of these two forms Sudwindsports will send you an invoice (in British pounds sterling) for the course(s) and accommodation. A place on the course is only definite after reception of a **deposit payment of 25%** of this invoice. For last minute inscriptions full payment is required upon booking. The total course and accommodation costs will have to be paid 4 weeks prior to the course dates. Upon reception of a payment, we will send you the confirmation of your reservation and further details regarding the course.

6. PAYMENTS

The balance payment to Sudwindsports can be paid by bank transfer or by credit card, through Paypal, with a 4% surcharge. In the case you send an international bank transfer, make sure to accept all bank charges to avoid incomplete payment. Please make the payment in pounds sterling to avoid any incomplete payments.

7. INFORMATION ABOUT THE ASSISTANT INSTRUCTOR COURSE (AIC):

If you do not have teaching experience in a water or aerial sport, you will need to do an Assistant Instructor Course before you can enter the Instructor Training. This course involves a minimum of three days of assisting an IKO level 2 Instructor and 10 hrs of teaching kitesurfing in an IKO Centre.

Sudwindsports organises AICs any time during the season for people who are also going to participate in the ITC in Saint Pierre-la-Mer. The costs are € 100 + \$ 50 registration fee. Contact us to arrange dates.

8. INFORMATION ABOUT THE MEDIC FIRST AID COURSE (MFA)

If you do not have a first aid certificate, Sudwindsports organizes a 1-day MFA course on the day before the ITC course. A First Aid and CPR qualification is essential to your work as a kiteboarding instructor. The costs of this course are € 100.

9. INFORMATION ABOUT THE RYA LEVEL-2 POWERBOAT COURSE

If you do not have a boat license, Sudwindsports organizes 2-day RYA courses throughout the season. For dates, please contact us. The cost of this course are € 300.

10. IMPORTANT NOTICE FOR FRENCH CANDIDATES:

All candidates must be aware of the fact that the IKO instructor certificate cannot be used to teach in France and French overseas domains and territories.



11. ACCOMMODATION BOOKINGS:

Accommodation (self catering accommodation shared with other participants on the course) can be arranged for you in St.Pierre-la-Mer, at a walking distance from the course locations. Sheets can be brought or rented locally. Please fill in your arrival and departure days on the Sudwindsports inscription form and we will send you a price indication.

12. TRANSPORT:

Transport to the South of France has to be arranged by the candidate, for more information have a look at www.sudwindsports.com. Transfers from the area's airports and train stations can be arranged by contacting France And Beyond, a local transport provider who can offer transfers 7 days a week for reasonable prices (www.franceandbeyond.co.uk, tel. 0033 (0)4 67 49 08 68).

FAQ

After doing the ITC, where can I teach?

You can teach pretty much anywhere in the world as long as the IKO is recognised by the local and national authorities.

When can I do a course?

The dates are given in this document. You must have all the pre-requisites before you enter the course. Then to register, you need to complete the inscription form, the IKO release of liability waiver and pay a deposit or the full amount (depending of the amount of time left until the booked course).

Where can I work with the IKO level-1 qualification?

The IKO level 1 certification allows you to teach independently or in an IKO school as long as you have third party liability instructor insurance. With the level 1 qualification you are permitted to teach up to 2 people with 2 kites or 4 people with 2 kites.

What's comes after my level-1?

Once you have your level 1 qualification you must teach 160 hours (proof given to IKO via student feedback forms) then you are eligible to become a level 2 instructor. To become the level 2 instructor, after completing your 160 hours teaching as a level 1 instructor, contact IKO for the level 2 exam.

I have taught some friends kitesurfing but never worked as a kitesurfing instructor. Can I enter the ITC?

You will need proof of teaching kitesurfing in the form of a letter of recommendation from your former employer, stating the number of hours that you have taught and during which period. If you cannot provide this letter of recommendation you will have to do the Assistant Instructor Course first, before entering the ITC.

In the country where I live no powerboat license is needed. Do I still have to do fulfil this prerequisite?

Yes. In order to pass the ITC in Saint Pierre-la-Mer, France, where you will be asked to perform specific rescue manoeuvres at open sea, you will need to be a competent and qualified boat driver.

Do I have to bring my own kitesurfing equipment?

Yes. During the course you will be asked to show your level and for this you will need to bring your own kite material. If you do not have the right kite for the wind conditions it is possible to rent material.

What happens if there is no wind during the course?

The course will not be cancelled due to lack of wind. Some of the course takes place in the classroom, the rest of the time is spent on the beach, where we teach and evaluate teaching. If there is not enough wind for some of the course elements during the 5 days the course will still be validated and you will be sent away with an action plan covering elements which have not been completed. It will not be possible to start working as a kiteboarding instructor before you have successfully finished your action plan and registered this with the trainer.